

SHE Rep (Safety Health & Environment Representative)



TYPE: Short Learning Programme **MODE:** Online **PRICE:** R900

Course Description

The Safety, Health & Environment (SHE) Representative course equips learners with the essential knowledge and practical skills required to perform the role of a SHE Representative in the workplace, in line with the Occupational Health and Safety Act (Act 85 of 1993).

This course focuses on developing an understanding of workplace safety responsibilities, hazard identification, risk control measures, and effective participation in health and safety activities. Learners will gain the confidence to contribute to a safer, healthier, and more compliant working environment.

The course is suitable for employees appointed or nominated as SHE Representatives, as well as supervisors, team leaders, and staff involved in workplace safety management.

What You Will Learn

By completing this course, you will be able to:

- Understand the legal framework governing occupational health, safety, and environmental practices in South Africa
- Explain the roles and responsibilities of a SHE Representative
- Identify workplace hazards and assess associated risks
- Conduct basic health and safety inspections
- Participate effectively in SHE committee meetings
- Report and investigate incidents, accidents, and near misses
- Promote a positive safety culture in the workplace
- Apply basic environmental awareness principles at work

Course Content

- Introduction to Safety, Health & Environment (SHE)
- Overview of the Occupational Health and Safety Act
- Roles and responsibilities of a SHE representative
- Hazard identification and risk assessment
- Workplace inspections and reporting
- Incident and accident investigation
- SHE committees and communication
- Environmental awareness in the workplace

Who Should Enrol

- Appointed or nominated SHE representatives
- Employees involved in workplace safety
- Supervisors and team leaders
- Anyone responsible for health, safety, and environmental compliance

Course Completion

To complete this course, learners must participate in all learning activities and complete the short assessment. Upon completion, learners will receive a Certificate of Completion and Badge.

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