

Cybersecurity Awareness



TYPE: Short Learning Programme **MODE:** Online **PRICE:** R1000

Course Description

The Cybersecurity Awareness course introduces learners to the essential principles of cybersecurity in a modern digital environment. As computers, mobile devices, and online systems form part of everyday work and personal life, the risk of cyber threats such as malware, phishing, data breaches, and unauthorised access continues to increase.

This course is designed to help learners understand common cybersecurity risks and develop safe, responsible digital practices to protect devices, personal information, and organisational data.

It focuses on awareness, prevention, and basic protection measures rather than technical implementation, making it suitable for users at all levels.

What You Will Learn

By completing this course, learners will be able to:

- Explain the importance of cybersecurity for individuals and organisations
- Identify common cybersecurity threats, including malware, viruses, spyware, phishing, and insider threats
- Understand basic governance, legislation, and organisational cybersecurity policies
- Apply fundamental physical and digital security measures, such as password protection and biometric authentication
- Recognise the importance of protecting personal data, privacy, and sensitive organisational information
- Practice safe and responsible internet and device usage

Course Content

- Introduction to computer and mobile device security
- Cybersecurity governance, legislation, and policies
- Physical security and access control (including biometrics)
- Web content filtering and safe internet use
- Protection of privacy and personal data
- Common computer and network security threats

Who Should Enrol

- Employees at all levels
- Students and learners using digital devices
- Office and administrative staff
- Remote and hybrid workers
- Anyone who uses computers, mobile devices, or online systems
- No technical background or prior cybersecurity knowledge is required

Course Completion

To complete this course, learners must participate in all learning activities and complete the short assessment. Upon completion, learners will receive a Certificate of Completion and Badge.

Contact Us

☎ 031 109 6651 ☎ 068 429 1821   @vital.college
www.vitalonline.co.za