



Vital College
B-BBEE Level 2

SKILLS PROGRAMME: CP 1 – INTRODUCTION TO HEALTH AND WELFARE

Outcomes

Abilities and skills developed:

Explaining the basic principles of personal hygiene.

Understanding of unhealthy and nutritious eating habits and consequences of abusing drugs and medicine.

Describing the regulatory framework for HIV/AIDS regarding the workplace and primary health care.

Understanding basic anatomy, physiology and human development.

Understanding the health problems and disease patterns common to an identified community.

Understanding the principles of planning and preparing for cleaning tasks and procedures.

About

Care Practitioner Skills Programmes are based on the qualification National Certificate: Care Based Practices (SAQA 80786) at NQF level 2. Several skills programmes may lead to the attaining of the full qualification.

They are intended learners interested in providing home-care services in an institution or an individual's household where specialist care service needs to be provided.

These Skills Programmes are designed to develop competencies required to provide a comprehensive home-care service in a manner that has regard for life and property.

Unit Standards

Unit Std ID	Unit Standard Title	NQF Level	Credits
14659	Demonstrate an understanding of factors that contribute towards healthy living	1	4
243193	Practice good health and grooming habits	1	4
259762	Demonstrate an understanding of HIV/AIDS and its impact on the workplace	2	12
119559	Demonstrate knowledge of the provision and implementation of primary health care	1	10
143204	Understand basic cleaning principles	1	15
			45

Requirements for these Skills Programmes

- LAPTOP OR SMARTPHONE
- ACCESS TO DATA OR WIFI

LEARNERS ACCESSING THIS SKILLS PROGRAMME SHOULD BE COMPETENT IN:

- COMMUNICATION AT NQF LEVEL 1 / STD 7 / GR 9
- MATHEMATICAL LITERACY AT NQF LEVEL 1 / STD 7 / GR 9

ENROLMENT

To enrol onto this course, you will need to create a student account by clicking on the link below.

WWW.VITALONLINE.CO.ZA/MOODLE/LOGIN

ONCE YOU HAVE CREATED AN ACCOUNT CLICK ON THE LINK BELOW TO TAKE YOU TO THE PAYMENT AND ENROLMENT PAGE FOR THIS COURSE.

[CLICK HERE](#)

Contact Us

Telephone: 031 573 5409

Email: training@vitalonline.co.za

Website: www.vitalonline.co.za

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