

SKILLS PROGRAMME:

CP 10 – Care Practitioner
Programme

Outcomes

Abilities and skills developed:

Understanding proper grooming habits and factors contributing to healthy living

Providing care to a frail person

Demonstrating an understanding towards ethics and values

How to promote daily living activities for clients with disabilities or chronic conditions

Applying palliative care

How to use handheld firefighting equipment

Performing basic life support and first aid procedures

About

Care Practitioner Skills Programmes are based on the qualification National Certificate: Care Based Practices (SAQA 80786) at NQF level 2. Several skills programmes may lead to the attaining of the full qualification.

They are intended learners interested in providing home-care services in an institution or an individual's household where specialist care service needs to be provided.

These Skills Programmes are designed to develop competencies required to provide a comprehensive home-care service in a manner that has regard for life and property.

Unit Standards

| Unit Std ID | Unit Standard Title | NQF Level | Credits |
|-------------|---|--------------|---------|
| 377693 | Demonstrate knowledge of ethics and values | 2 | 8 |
| 14659 | Demonstrate an understanding of factors that contribute towards healthy living | 1 | 4 |
| 243193 | Practice good health and grooming habits | 1 | 4 |
| 117029 | Provide care to a frail person *** | 1 | 12 |
| 114419 | Administer medication in a home environment *** | 1 | 4 |
| 260479 | Promote activities of daily living for clients with a disability or a chronic condition *** | 2 | 9 |
| 117009 | Apply palliative care principles when assisting and supporting the client and family to manage life-threatening disease *** | 3 | 10 |
| 14776 | Apply self-management practices | 2 | 8 |
| 114959 | Behave in a professional manner in a business environment | 2 | 4 |
| 13961 | Demonstrate knowledge and use of hand operated firefighting equipment | 2 | 4 |
| 119567 | Perform basic life support and first aid procedures | 1 | 5 |
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*** - Please note any course with this next to it is only available for class-based learning at our DURBAN CAMPUS

Requirements for these Skills Programmes

- LAPTOP OR SMARTPHONE
- ACCESS TO DATA OR WIFI

LEARNERS ACCESSING THIS SKILLS PROGRAMME SHOULD BE COMPETENT IN:

- COMMUNICATION AT NQF LEVEL 1 / STD 7 / GR 9
- MATHEMATICAL LITERACY AT NQF LEVEL 1 / STD 7 / GR 9

ENROLMENT

To enrol onto this course, you will need to create a student account by clicking on the link below.

WWW.VITALONLINE.CO.ZA/MOODLE/LOGIN

ONCE YOU HAVE CREATED AN ACCOUNT CLICK ON THE LINK BELOW TO TAKE YOU TO THE PAYMENT AND ENROLMENT PAGE FOR THIS COURSE.

CLICK HERE

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