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B-BBEE Level 2

# Vital College

**Care Practice  
Qualification**

**80786: National Certificate  
NQF 2  
Credits: 145**

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2. Care Practitioner	
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## **Our Mission**

- Deliver quality educational programmes and vocational training that promotes lifelong learning and better access to economic activity for our learners.
- Provide goal directed learning suited to the business needs of our corporate and other clients.

Based in Durban (Springfield Park), Johannesburg (Hyde Park) and Cape Town (Belville).



## **Purpose:**

The qualification Care Practitioner (SAQA 80786) at NQF level 2 is intended for learners who are interested in providing care services in an institution, company or in an individual's household where specialist care services are required. It develops competencies needed to provide a comprehensive care service in a manner that places a big importance for life and property.

Once the qualification has been completed the qualifying learners will be able to work in one or more of the following care related service settings:

- Cleaning and Hygiene in an industrial, commercial or domestic environment
- Caring for the elderly and frail
- Cleaning and organizing an industrial, commercial or domestic environment
- Providing or working in hospitality services
- Caring for the disabled or chronically ill in the home, care facility or community
- Palliative Care in a home or elsewhere

## **Competent learners will be able to:**



- Identify security, safety and environmental risks in the workplace and local environment
- Practice good health and grooming habits
- Demonstrate an understanding of factors that contribute to healthy living
- Apply self-management principles
- Organize themselves and their activities in a caring and cleaning service work environment
- Receive and execute instructions
- Use communication skills to communicate with external and internal clients
- Manage personal finance
- Demonstrate knowledge of ethics and values
- Demonstrate understanding of HIV/AIDS and its impact on the workplace
- Behave in a professional manner in the business environment
- Maintain a domestic housekeeping service
- Apply telephone etiquette and good communication abilities

### **Entrance Requirement:**

- Grade 9/ Standard 7 in Communications and Numeracy skills.
- Some basic computer skills are required for the online options.

### **This Qualification can lead to entrance to:**

- National Certificate: Care Practice, Level 3.
- National Certificate: Community Health Work, Level 3.

### **Enrolment**

This course is not offered online. Blended learning or full contact training is the only method of study for this course and this course is only available in Durban. For more information email [training@vitalonline.co.za](mailto:training@vitalonline.co.za) or contact [031 573 5409](tel:0315735409).

### **Modules for this course:**



- Module 1 – Business Communication Skills
- Module 2 – Mathematical Skills
- Module 3 – Implement Health and Awareness Care Practices
- Module 4 – Maintain Care Based Housekeeping
- Module 5 – Demonstrate Life Skills Required for Care Based Practices
- Module 6 – Perform Hygiene and Cleaning Care Based Activities in  
Own Area of Work
- Module 7 – Specializations

### **Modules for this course**



<b>Unit Std ID</b>	<b>Unit Standard Title</b>
<b>Module 1 - Business Communication Skills</b>	
119463	Access and use information from texts
119454	Maintain and adapt oral/signed communication
119460	Use language and communication in occupational learning programmes
119456	Write/present for a defined context
<b>Module 2 - Mathematical Skills</b>	
9009	Apply basic knowledge of statistics and probability to influence the use of data and procedures in order to investigate life related problems
7480	Demonstrate an understanding of rational and irrational numbers and number systems
12444	Measure, estimate and calculate physical quantities and explore, describe and represent geometrical relationships in 2-dimensions in different life or workplace contexts
7469	Use mathematics to investigate and monitor the financial aspects of personal and community life
9007	Work with a range of patterns and functions and solve problems
<b>Module 3 - Implement Health and Wellness Care Practices</b>	
14659	Demonstrate an understanding of factors that contribute towards healthy living
243193	Practice good health and grooming habits
259762	Demonstrate an understanding of HIV/AIDS and its impact on the workplace
377701	Perform care-based services in a care practice environment
119559	Demonstrate knowledge of the provision and implementation of primary health care



<b>Module 4 - Workplace Skills</b>	
113966	Identify security, safety and environmental risks in the local environment
14663	Maintain a domestic housekeeping service
<b>Module 5 - Demonstrate Life Skills Required for Care Based Practices</b>	
377693	Demonstrate knowledge of ethics and values
14776	Apply self-management practices
9533	Use communication skills to handle and resolve conflict in the workplace
114959	Behave in a professional manner in the business environment
243189	Manage personal finances
14348	Process incoming and outgoing telephone calls
14349	Receive and execute instructions
14444	Demonstrate an understanding of a general business plan and adapt it to a selected business idea
10006	Demonstrate an understanding of entrepreneurship and develop entrepreneurial qualities
<b>Module 6 - Perform Hygiene and Cleaning Care Based Activities in own Area of Work</b>	
243199	Clean above the floor surfaces
14658	Clean floors in a domestic environment
243206	Clean toilets and bathrooms
110471	Apply basic micro-biological principles in cleaning

<b>Module 7 – Specializations:</b>	
<b>Hygiene: Cleaning and Domestic Laundry Services</b>	
243204	Understand basic cleaning principles
243203	Use chemicals in the cleaning service environment
243205	Clean kitchens
14658	Clean floors in a domestic environment
377801	Maintain a clean linen supply
37706	Provide a house keeping service within the designated area of work
377281	Prepare beds and handle linen and bed coverings





## **ALTERNATE**

<b>Care Practice: Frail and Palliative Care</b>	
260463	Assist the client and significant others to manage home-based health care
114419	Administer medication in a home environment
117029	Provide care to a frail person
117009	Apply palliative care principles when assisting and supporting the client and family to manage life-threatening disease
260598	Provide support relating to care-based practices
119567	Perform basic life support and first aid procedures
260479	Promote activities of daily living for clients with a disability or a chronic disease

## **ALTERNATE**

<b>Hospitality Services</b>	
377821	Prepare beds and handle linen and bed coverings
377708	Service guest bedroom areas
377705	Maintain housekeeping supplies
113821	Assist with the selecting, preparing and providing of food
120416	Apply personal safety practices in a food or sensitive consumer product environment
120404	Maintain personal hygiene, health and presentation in a food handling environment
377801	Maintain a clean linen supply
243205	Clean kitchens
377706	Provide a house keeping service within the designated area of work
243204	Understand basic cleaning principles
243203	Use chemicals in the cleaning service environment



For more information please contact us

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## Contact Us

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