



**SHORT COURSE IN FIRST AID:**  
First Aid Level 1 (Perform basic life support and first aid procedures)

**OUTCOMES**

The qualifying learner is capable of:

- Demonstrate an understanding of emergency scene management.
- Demonstrate an understanding of elementary anatomy and physiology.
- Assess an emergency situation.
- Apply First Aid procedures to the life-threatening situation.
- Treat common injuries.

## SAQA US ID

US 119567

## UNIT STANDARD TITLE

First Aid Level 1 (Perform basic life support and first aid procedures)

## NQF

1

## CREDITS

5

## PURPOSE OF THE UNIT STANDARD

This unit standard is for persons required to assess the emergency situation and providing basic Life Support and basic First Aid in order to stabilise patients prior to transfer to the emergency services. Emergency scene management, Shock, Fainting, Unconsciousness, upper and cardio vascular emergencies, one rescuer Adult CPR , Chocking adult, wound care (incl. dressing and bandages), severe bleeding (incl.Amputations), Bone and Joint injuries (upper limbs, muscle ,strains) and Burn injuries.

**NB: The certificate of competence associated with this Unit Standard will be valid for only three years to ensure the holder's continued competency through regular re-assessment.**

## COST & ENROLMENT

This a **3 day** course & costs **R975.00**

This course is not offered online. Full contact training is the only method of study for this course. For more information, please contact us.

## CONTACT US

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