



62% Black Owned

**Vital College**

B-BBEE Level 2

## **SKILLS PROGRAMME: SHE 4 – HEALTH AND SAFETY SKILLS**

### **Outcomes**

#### Abilities and skills developed:

- Demonstrating primary emergency life support for adults, children and infants.
- Keeping records of the incident/accident.
- Identifying and demonstrating knowledge of fire and repellents.
- Explaining different types of emergencies that may be encountered in the business or a workplace.
- Operating basic firefighting equipment and perform basic firefighting procedures.
- Describing the compensation procedure and Completing Compensation Commissioner documentation for occupational injuries and diseases.

## About

Safety, Health and Environment (SHE) Skills Programmes are based on the qualification National Certificate: Occupational Health, Safety and Environment (SAQA 74269) at NQF level 2. Several skills programmes may lead to the attaining of the full qualification.

They are intended for safety, health and environmental (SHE) practitioners, middle management and persons managing the occupational safety of any workplace, industry or large office.

The SHE skills programmes assist learners to identify, monitor, advise and report on occupational, health and environmental safety factors, which may have a detrimental effect on the safety of workers in the business or the workplace.

## Unit Standards

Unit Std ID	Unit Standard Title	NQF Level	Credits
120496	Risk based primary first aid in the workplace	2	5
13961	Use of hand-help firefighting equipment	2	4
259597	Emergency preparedness and response procedures	2	3
252250	Apply firefighting techniques	1	3
259610	Demonstrate an understanding of the procedure to submit the compensation claims for injuries and occupational diseases	2	2
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## Requirements for these Skills Programmes

- LAPTOP OR SMARTPHONE
- ACCESS TO DATA OR WIFI

### **LEARNERS ACCESSING THIS SKILLS PROGRAMME SHOULD BE COMPETENT IN:**

- COMMUNICATION AT NQF LEVEL 1 / STD 7 / GR 9
- MATHEMATICAL LITERACY AT NQF LEVEL 1 / STD 7 / GR 9

## ENROLMENT

To enrol onto this course, you will need to create a student account by clicking on the link below.

[WWW.VITALONLINE.CO.ZA/MOODLE/LOGIN](http://WWW.VITALONLINE.CO.ZA/MOODLE/LOGIN)

ONCE YOU HAVE CREATED AN ACCOUNT CLICK ON THE LINK BELOW TO TAKE YOU TO THE PAYMENT AND ENROLMENT PAGE FOR THIS COURSE.

[CLICK HERE](#)

## Contact Us

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