



**SHORT COURSE IN CARE PRACTICE :**  
Promote activities of daily living for clients with a disability or a chronic condition

**OUTCOMES**

The qualifying learner is capable of:

- Explaining and describing the different components of activities of daily living (ADL).
- Evaluating the person's ability to perform ADL.
- Implementing and integrating different strategies in ADL.
- Designing, developing, monitoring and evaluating an appropriate programme to assist the person in implementing ADL.

## SAQA US ID

US 260479

## UNIT STANDARD TITLE

Promote activities of daily living for clients with a disability or a chronic condition

## NQF

2

## CREDITS

9

## PURPOSE OF THE UNIT STANDARD

This unit standard will enable learners to give assistance to persons living with a disability or chronic illness to become independent in activities of daily living. Activities of daily living are applied for individuals to age and level of incapacitation. The health worker is able to teach clients with disabilities and related chronic illnesses in self-care, household and social/recreational activities. The types of problems giving rise to disability include, but are not limited to, those pertaining to sight, movement, feeling and touch, hearing and understanding, speaking, learning, sphincter control, breathing, pain.

## COST

This course costs **R2 475.00**

## ENROLMENT

This course is not offered online. Blended learning or full contact training are the only methods of study for this course. For more information, please contact us.

## CONTACT US

Telephone: 031 573 5409

Email: [training@vitalonline.co.za](mailto:training@vitalonline.co.za)

Website: [www.vitalonline.co.za](http://www.vitalonline.co.za)

Facebook: Vital College

Instagram: @Vital\_College

Twitter: @Vital\_College



SERVICES SETA ACCREDITED